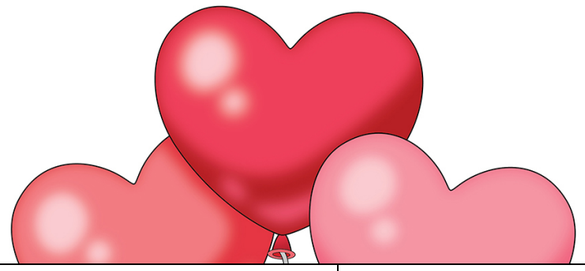

Meadows 2
February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Worship (CH)	2 10:00 Stretches (CH) 10:30 Bingo (CH) 1:00 Music w/Laura 2:30 Resident Council w/Laura 3:00 Manicures w/Diane Groundhog Day	3 9:30 Bible Study w/Sharon 1:30 NO Weights in Wellness Room 2:15 Music Therapy w/Emma (CH) 3:00 Communion (CH)	4 10:00 Stretches (CH) 10:30 Bingo (CH) 1:30 Malts & Music (WH, CH) TF Cards (3B)	5 10:30 Coffee & Treats w/Diane 1:00 Catholic Mass (CH) 1:30 Exercise: Wellness Room 2:00 Jehovah's Witnesses 2:15 Balloon Game w/Sharon 3:00 Music Bingo (CH)	6 9:30 Who, What, Where w/Amber 1:30 Movie and Popcorn: Miracle on Ice (WH, CH)	7 1:30 Bingo w/Sharon & Darrek
8 10:30 Worship (CH)	9 10:00 Stretches (CH) 10:30 Bingo (CH) 12:45 Music Games w/Laura 3:00 Coffee and Uno w/Diane	10 9:30 Bible Study w/Sharon 1:30 Weights in Wellness Room 2:15 Music Therapy w/Emma (CH) 3:00 Midweek Worship (CH)	11 10:00 Stretches (CH) 10:30 Bingo (CH) 1:30 Armchair Travel to Italy (WH, CH) TF Cards (3B)	12 10:30 Coffee and Watercolor w/Diane 1:30 Exercise Wellness Room w/Sharon 2:15 Dice Game w/Sharon	13 9:30 Coffee and Chat w/Sharon 1:30 3 CDs Entertainment (CH, WH) TF- WD & MD Valentine's Day Party (CH)	14 1:30 Bingo w/Diane and Laura Valentine's Day
15 10:30 Worship (CH)	16 10:00 Stretches (CH) 10:30 Bingo (CH) 1:00 Music w/Laura 3:00 Manicures w/Diane Presidents' Day (U.S.)	17 Fat Tuesday 9:30 Bible Study w/Sharon 1:30 Weights in Wellness Room 2:15 Music Therapy w/Emma (CH) Mardi Gras	18 Ash Wednesday 10:00 Stretches (CH) 10:30 Bingo (CH) TF Cards (3B) 1:30 Ash Wednesday Service	19 10:30 Coffee and Treats w/Diane 1:30 Exercise: Wellness Room 2:00 Jehovah's Witnesses 2:15 Happy Hour w/Sharon 3:00 Music Bingo (CH)	20 9:30 Trivia w/Sharon 1:30 Gospel Just Friends Music Group (CH)	21 1:30 Bingo w/Sharon & Darrek
22 10:30 Worship (CH)	23 10:00 Stretches (CH) 10:30 Bingo (CH) 1:00 Music Games w/Laura 3:00 Coffee and Sequence w/Diane	24 9:30 Bible Study w/Sharon 1:30 Weights in Wellness Room 2:15 Music Therapy w/Emma (CH) 3:00 Midweek Worship (CH)	25 10:00 Stretches (CH) 10:30 Bingo (CH) 1:30 Olympic Trivia (WH, CH) TF Cards (3B)	26 10:30 Coffee and Coloring w/Diane 1:30 Exercise: Wellness Room 2:15 Dice Game w/Sharon	27 9:30 Card Games w/Sharon 1:30 Chris Von Arx Music (CH, WH) TF Monthly Birthday Party (CH, WH)	28 1:30 Bingo w/Laura & Darrek

Ch: Chapel, WH: Whole House, TF: To Follow, WD 3B: Woodlands 3rd Floor B side