



COVID Update  
January 29, 2021

Dear Knutson Place Tenants and Family,

We were notified last night that a tenant at Knutson Place tested positive for the COVID-19 virus. I think it's important to communicate that the COVID-19 vaccine does not work like a light switch. It takes time for our immune systems to respond to the vaccine. Moreover, the full efficacy of the vaccine is not reached until after the second dose.

It's very important for us that have been vaccinated to continue to take precautions.

- Wear a mask when you are with other people.
- Wash or sanitize your hands before leaving your apartment and when you return to your apartment.
- Practice physical distancing from others whenever possible.
- Monitor yourself for symptoms of the COVID virus.

The most common symptom include:

- Fever of 100.0 F or above
- Shortness of breath
- New cough
- Fatigue
- Chills
- New muscle aches
- Sore throat
- Headache
- Chest pain

In the event that you start having symptoms, please call the Mayo COVID Nurse Line at 507-293-9525, or contact your physician, or contact one of St. John's staff.

Please be careful as you go about your day, especially when you are out in public. This virus spreads so easily and so quickly. We can't let our guard down yet. We all need to be vigilant with taking precautions to protect ourselves and others.

Sincerely,

Scot Spates  
CEO / Administrator  
St. John's Lutheran Community

You'll find a *home* in our community.