



COVID-19 Update  
August 14, 2020

We are very excited to start seeing family members of the residents in our buildings. It has been very difficult for the residents and tenants not to have visitors, and it has been way too quiet for all of us. It feels like something is missing without visitors in our building, so we are happy to at least welcome Essential Caregivers.

There are now three options for families and friends to connect with the residents or tenants:

1. Window Visits
2. Outdoor Visits
3. Essential Caregiver Visits

It's really nice to have these three options for residents and tenants to connect with families and friends. At the same time, the process for scheduling these visits has become somewhat cumbersome for families and our staff. Below is some basic information regarding upcoming training for Essential Caregivers and contact information for scheduling outdoor visits and Essential Caregiver visits. You might want to make a copy of this update, or add a telephone number found below to the contact list on your phone.

### **Essential Caregiver Designation**

Each resident is allowed one essential caregiver at this time. If you are interested in becoming an essential caregiver, please call the nurse manager or social worker that is assigned to your family member. We can then talk to the resident to get their approval. Prior to visiting, Essential Caregivers need to go through training. See dates listed below.

If you are interested in becoming an Essential Caregiver,

At the Highway 13 Nursing Home, please call:

- ❖ Paula Christianson, Social Services at 507-473-1043 or
- ❖ Gabby Studier, Nurse Manager, at 507-473-1064 or
- ❖ Deb Tuma, Nurse Manager, at 507-473-1048

At the Woodlands located on Fountain Lake, please call:

- ❖ Lindsay Claussen, Nurse Manager 3<sup>rd</sup> Floor at 507-473-2532
- ❖ Sandy Nelson, Nurse Manager 2<sup>nd</sup> Floor, at 507-473-2522
- ❖ Christine Dallman, Social Worker, 507-473-2523

At the Meadows, please call:

- ❖ Elaine Wieser, RN Manager, at 507-473-2293

## **Essential Caregiver Training**

This week 30 people went through the Essential Caregiver training. The next training sessions are scheduled for the following dates and times:

- August 18, 10am at the Luther Place Chapel
- August 19, 2pm at the Fountain Lake Chapel

## **Essential Caregiver's Appointments**

The Minnesota Department of Health (MDH) requires us to schedule Essential Caregiver visits in advance. Please call at least 24 hours in advance of your visit.

If you plan on having a regular schedule, like every day at 3pm, please talk to the nurse manager or social worker.

Please call Monday through Thursday between 9am and 3pm to schedule your Essential Caregiver visit.

- ❖ For Woodland visits call Ann Thom at 507-473-1060
- ❖ For Meadows first floor visits call: 507-473-2440
- ❖ The Meadows second floor visits call: 507-473-2441

To schedule visits at the Highway 13 Nursing Home please call:

- ❖ Gabby Studier at 507-472-1064,
- ❖ Deb Tuma at 507-473-1048,
- ❖ Paula Christenson at 507-472-1043.

## **Essential Caregiver Screening**

Essential Caregiver screening must be completed prior to every visit. Screening involves taking your temperature and answering questions regarding any symptoms related to the COVID-19 virus. At the Fountain Lake site, please go to the main entrance and the receptionist will screen you.

At the Highway 13 nursing home, please go to the Business Office entrance and the receptionist will screen you.

## **Outdoor Visits**

Outdoor visits need to be scheduled at least 24-hours in advance of the visit. This is a MDH requirement.

To schedule an outdoor visit at Fountain Lake, please call the receptionist at 507-373-2040.

To schedule an outdoor visit at the Highway 13 nursing home, please call the receptionist at 507-373-8226.

Finally, as a reminder, please make sure that you are taking recommended precautions when you are visiting a resident or tenant at St. John's. Our main goal during this pandemic is to keep this virus away from our residents, tenants, employees, and all St. John's visitors.

- Please stay home if you are not feeling well
- Wash your hands before and after your visit
- Wear a mask at all times during your visit
- Social distance of a least 6 feet whenever possible

Thank you for taking these important precautions to protect yourself and others from the COVID-19 virus.

Sincerely,

Scot Spates