



October 9, 2020

COVID Update

Dear Knutson Place Tenants and Families,

We had an employee that works at Knutson Place that tested positive for the COVID-19 virus today. The employee is quarantined at home for the next 14 days, or longer if the symptoms persist.

In the event that you start having symptoms of the COVID-19 virus, please call the Mayo COVID-19 Nurse Line at 507-293-9525, contact your local healthcare provider, or contact one of St. John's staff.

The most common symptoms include:

- Fever of 100.0 F or above
- New cough
- Fatigue
- New chills
- New muscle aches
- Sore throat
- Headache
- Chest pain
- Shortness of breath or difficulty breathing

Next Tuesday we will be doing a third round of testing for staff that work at Knutson Place and the Highway 13 Nursing Home. We will also be testing employees at the Fountain Lake site next week. We will continue to do weekly testing of staff until we have 14 days without anyone testing positive for the COVID-19 virus.

The Minnesota Department of Health (MDH) mandates that we offer testing to nursing home residents and assisted living tenants once a week. The MDH does not allow us to offer testing to people that reside in independent living settings. People that live in independent living settings, such as Knutson Place, need to go through their provider to get tested or through the Mayo COVID-19 Nurse Line.

The MDH recommends that all visits be suspended for 14 days, or until all residents, tenants, and staff test negative for the COVID-19 virus. We also need to shut down the beauty shop for 14 days as well. I don't like to do this, but we just don't have a choice.

Our main goal right now is to keep this virus from spreading any further. Hopefully, all of the test results from next Tuesday will be negative and this will be behind us in 14 days. I'll plan on sending out another update next week.

Sincerely,

Scot Spates